

# ST. DUNSTAN'S EPISCOPAL CHURCH, ELLSWORTH

## TID BITS FROM THE TABLE ~ MAY 31, 2024

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Dear ones,

This week saw the launch of our monthly, midweek Eucharist service. We gathered in the round at the altar as usual, and shared holy food and drink as well as time in prayer together. We'll be offering this service the final Wednesday of each month right up until the first snows and frost of fall (which, happily, are a long way off)!

Just to remind us all, our text for our book club-Scripture study group is E. P Saunders' "Paul: A Very Short Introduction." We'll begin in June; thank you to those who've let me know what days and times work for them, and I encourage everyone else who'd like to take part to do so as well!

I'm sure I'm not the only one who felt a shift in the last week or so; it seems lately that summer's fully upon us. The kids (Arthur and Ava, his best friend) are already in 'summer mode,' covered in sunscreen, eating frozen fruit pops, and playing together at the sea and in the garden right up until the adults realize it's later than it ought to be while there's still school in the morning. What a great life...!

Thank you to everyone who made this week's Compline service so meaningful. I'll hope to see as many of us as can be on Sunday for our Holy Eucharist service, which will mark our full transition into the 'ordinal' Sundays in the liturgical season to come!

With love,  
Carolyn+

**This week we are Green according to CDC for our county.**

Even with the wind down of **COVID 19**, we know that it will be with us for some time to come. The CDC is now resuming coding the occurrences of COVID. We will keep you informed.



We at St. Dunstan's we will continue to follow CDC data and the practices in our Diocesan parishes. Our vestry has voted to not require masks. If you wish to wear one, masks will be available. Of course, if you are feeling unwell, we ask that you rest and join us on Zoom. Our hope is that you will stay well and will join us for our worship services each Sunday.



**Happy Birthday to Charlie DeLong,  
Marian Wells, and Carmen DiLandro!  
Enjoy!**

Diocesan Cycle of Prayer: We pray for St. Aidan, Machias, and St. Thomas, Camden. We pray especially for all those suffering ill health in body or in mind.

We Pray Especially For: Kathy O'Connell, Robbie Johnston, Jesse Pierce, Eve Mitchell, Skip Stevens, Larmie Knuesli, Tony Rowan, Sally Rowan, Dorothy Sweeney, Lorna McCormick, ML Riley, and RB Stewart.

*(Prayer requests will remain for three weeks unless notified that the request needs to remain longer.)*

If you would like to add someone to the prayer list or continue a name on the list, please let us know at [stdunstansellsworth@gmail.com](mailto:stdunstansellsworth@gmail.com) or leave a message at the church (667-5495).

It is important to us that the list is up-to-date and accurate.  
To everyone, please stay well and safe. Blessings to you all.

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## ~ UPCOMING WORSHIP / EVENTS SCHEDULE ~

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*At this time the Sunday services will be both in church following safe practices and via Zoom. Compline is every Thursday at 7:00p.m via Zoom*

*The sanctuary is open for quiet reflection and prayer on Mondays from 1 to 3.*

*Access to the sanctuary is available through the lower level parking lot doors of the church during this time.*

**June 2 ~ Holy Eucharist, 9:30 am**

**June 9 ~ Morning Prayer, Dianne as Officiant & Valerie as Homilist  
9:30am**

**June 16 ~ Holy Eucharist, 9:30 am**

**June 23 ~ Holy Eucharist, 9:30 am**

**June 30 ~ Service of the Word, Led by Tracy**

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The **2024 Ellsworth PrideFest** will be held at Knowlton Park on **Sunday, June 9 from 11 AM - 5 PM** and this year, St. Dunstan's is one of the many community organizations participating with a display table.

If you would like to sign up to work the table, please sign up this Sunday at church with Deacon Tracy. Our table will have some handouts related to Episcopal inclusiveness, a giveaway rainbow bracelet band and candies.

Deacon Tracy walked the event last year visiting all the booths and found participants welcoming, kind and fun. We look forward to meeting even more people and having more fun with our own table this year.

The Episcopal Church has a great story to tell and we hope you will visit the event and also consider spending some time at our table.

For more information or to sign up with Tracy outside of the June 2 service, call or text her at 973-287-9926.

## **Faith in Maine:**

This is a podcast produced by our Episcopal Diocese with various members of the clergy giving their thoughts and prayers. The podcast changes each week. Feel free to call and listen. You can call **207-223-6402** at any time. They last approximately 4-5 minutes.



## **Family News**



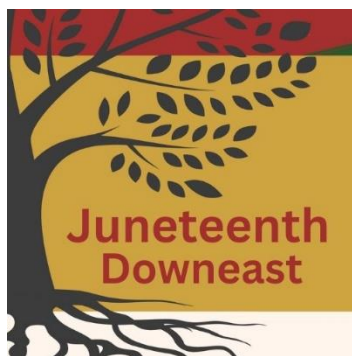
We would love to hear about **your news** and for **what you are thankful for during this year**. Submit your news to [stdunstansellsworth@gmail.com](mailto:stdunstansellsworth@gmail.com)

## **National Blood Shortage**

Please schedule your next blood donation at [redcrossblood.org](http://redcrossblood.org)



**American Red Cross**



## **Volunteers wanted June 19, 2024, in Ellsworth**

Volunteers wanted for peacekeeping and/or first-aid for the Juneteenth Downeast Commemoration on Juneteenth (Wednesday, June 19) in Ellsworth. Peacekeeping and/or first-aid volunteer time slots are from 3 PM-5 PM or from 5 PM-7 PM – anybody who is interested can contact Shemaya at [Shemayalaurel@yahoo.com](mailto:Shemayalaurel@yahoo.com) to sign up. Or if folks would like to volunteer more generally, we will again be needing help with general set up for the Commemoration

ahead of time that day, and take down beginning about 7 PM. There will be outstanding free food, including for all volunteers.

Juneteenth Downeast is hosting an in-person peacekeeping/de-escalation training on Saturday, June 1, from 3 PM-4:30 PM. It's free; pre-registration is required. This will be taught by Sonja Birthisel and Rob Laraway, and held at St. Dunstan's in Ellsworth. Please contact Shemaya to preregister for this training. Peacekeeping volunteers are encouraged to attend this training. It is not required if volunteers have other peacekeeping/de-escalation training and/or experience.

Please feel free to be in touch with any questions!

Shemaya Laurel(she/her)

207-546-0345 voice/text

[Shemayalaurel@yahoo.com](mailto:Shemayalaurel@yahoo.com)

[Juneteenthdowneast@gmail.com](mailto:Juneteenthdowneast@gmail.com)

[www.juneteenthdowneast.org](http://www.juneteenthdowneast.org)

[www.facebook.com/JuneteenthDowneast](https://www.facebook.com/JuneteenthDowneast)





# STOCK THE BASEMENT

JUNE 6, 2024, 4-7:00PM

Help us help others!

In 2023 we served 305 residents through our medical equipment loaner program. We have a huge need for walkers, wheelchairs, shower chairs, commodes and more (clean and in good working order of course)!!!



Meet Felix the Sea Horse and his fun friends!

## JOIN US FOR...

- Light Refreshments and Music
- Chance to win prizes for all who donate (each item gives you additional chances)
- A guess at how many goldfish crackers are in the jar - closest wins a prize!
- Meet the Artist!

Location: 14 McKenzie Ave., Ellsworth

- Our basement has been:
- Cleaned & Decluttered - making room for more equipment!
  - Painted - Thank you Volunteer Julia Gilmore!
  - Made fun with an ocean theme by Bev Lamoureux, HVHC Office Manager and Artist!

For items we can and cannot take, visit our website at [hospiceofhancock.org](http://hospiceofhancock.org) or call us at 207-667-2531.



## Invitation to Outreach Training at St. Andrew Lutheran Church

Please join us this summer for workshops on connecting with people of faith near all our congregations who are without spiritual care & support. As Jesus reminds us, the harvest is plentiful! Just as exciting are the possibilities of collaborating with neighboring congregations in our shared mission and ministry.

The workshops will be **Saturdays from 9:00 AM to 2:00 PM**. Lunch will be provided. Thanks to an NE Synod grant there is no cost for participation! (Free will offering for lunch will be welcome.) While we don't need specific RSVP's at this point (that time will come), it would be both helpful and encouraging if you could let me know that you or congregations members are interested. The dates are:

- Ms. Kim Bergstrand will be here **July 13**
- Rev. Jake Jacobson will be here **August 24**
- Revs. Michael & Susan Thomas will be here **September 7**
- Rev. Stephen Bouman will be here **September 28**

*Kim Bergstrand* is an Associate to the Bishop for the New England Synod with a focus on evangelism and outreach.

*Jake Jacobson* will discuss his work as Director for Evangelical Mission in the ELCA and his books *Rockin' the Front Porch: Sharing the Faith in the New Normal* and *Holy Talk: An Introduction to Scripture for the Occasionally Biblically Embarrassed*.

*Michael and Susan Thomas* will discuss their strategies for community outreach both as campus ministers for Dartmouth College and as pastors at Lutheran Church of the Redeemer in East Jerusalem, Israel

*Stephen Bouman* will discuss his work as the former Executive Director for Evangelical Outreach and Congregational Mission in New York Synod, as well as his books *Baptized for the Moment* and *The Mission Table: Renewing Congregation and Community*.



Priest - Rev. Dr. Carolyn Rosen

Deacon - Rev. Tracy Shaffer

Senior Warden – Tom Hancock

Deputy Warden – Dave Wells

Junior Warden - McKim Peterson

[www.saintdunstansellsworth.org](http://www.saintdunstansellsworth.org)

You can contact us by leaving a message by telephone or email:

Phone: [667-5495](tel:667-5495) Email: [stdunstansellsworth@gmail.com](mailto:stdunstansellsworth@gmail.com)

Muffet Stewart and Mary Delong: [stdunstanstreasurer@gmail.com](mailto:stdunstanstreasurer@gmail.com)

Rain is in the church office Tuesday, Thursday & Friday, 8 – 9 am