

ST. DUNSTAN'S EPISCOPAL CHURCH, ELLSWORTH

TID BITS FROM THE TABLE ~ OCTOBER 21, 2022

Dear ones,

This Sunday, our Bishop Thomas is coming! He will preside and preach at the service, and afterward we will have coffee hour outdoors and plenty of time to visit and enjoy each other's company. We are blessed indeed to have our wonderful St Dunstan's community, a fantastic Bishop to welcome, and beautiful weather (fingers crossed) in which to do so. Thank you to everyone who wrote to me/rang me and offered to help with each aspect of the day on Sunday. As I wrote the other day, I'm incredibly proud to be your priest--I'm thrilled the Spirit led us to each other, you and I! --. and blessed indeed to be part of St Dunstan's. By the way, I can't tell you how excited Arthur is to see Bishop Thomas in person too! He adores him.

One update to share: I know many of us have been missing our 'check-in time' as it gave us all a chance to feel closer to each other. I miss it too! As of next week, TidBits will include a section called Family News in which anyone can share about what's going on in their life--triumphs, struggles, family photos, and anything in between. We have our Jo Cooper to thank for getting that started! And, please do send me an email (carolynkrosen@gmail.com) if you'd like to revive check-in and have that as an optional after-service activity of sorts. I'm happy to facilitate that, and it's something we can easily do in a hybrid format.

And, finally, I want to let everyone know my office hours are flexible and by appointment! Just send me an email to schedule a time and day (carolynkrosen@gmail.com) and I'll be there! I'm pretty flexible, as my teaching's at night for my 'other' job and Aaron and I both work a lot from home, meaning there's nearly always one of us able to be with Arthur.

Have a blessed, beautiful day!

With love,
Carolyn+

Affirmation Prayer

God Calls me out of darkness to live in light,
God calls me out of falsehood to live in truth,
God calls me out of despair to live in hope,
God calls me out of fear to live in trust,
God calls me out of hate to live in love,
God calls out of war to live in peace,
I am called by God to fill my heart, my world,
my universe, with peace, peace, peace. Amen.

OFFERTORY!

"Ascribe to the Lord the honor due His name; bring offerings and come into his courts." Psalm 96:8

Now that we are in church, your pledges or offerings need not be sent in. You have been so wonderful in sending them in and can continue to do so if it best for you. At this time we do not feel that passing the offertory plate would be wise. We have placed an offertory plate on the back table for your convenience to place your offering, requests for prayers and flower envelopes. Thank you for your support.

"Let us with gladness present the offerings and oblations of our life and labor to the Lord."

Let us always remember that we are living on the traditional homelands of the Passamaquoddy and Penobscot peoples and of the Wabanaki confederacy of Maine. We recognize the native peoples throughout this land.

Prayer For Peace

Oh Great Spirit who dwells in the sky,
lead us to the path of peace and understanding,
let all of us live together as brothers and sisters.
Our lives are so short here, walking upon Mother Earth's surface,
let our eyes be opened to all the blessings you have given us.
Please hear our prayers, Oh Great Spirit.

- Native American Prayer

So, What has Jesus Done for You Lately?

By Deacon Tracy

We are used to hearing a similar phrase in our society. For example, “he really helped me, he pushed that legislation through, but what has he, (she or them) done for us lately?” we will ask. We seem to always be expecting performance and longevity in the good works from which we benefit.

Over the last few weeks, I have struggled to see Jesus amidst all the bad news, unrest, weather emergencies, political drama, financial stress and illness I have seen. “Where are you, Lord? I know you are there, please help. Please step in,” I have asked.

With less than an immediate response to my ask, I had to dig deeper than regular church attendance and a few prayers. I had to go wider than reading a few scriptures ordered by the lectionary for a specific day. I had to go back to the beginning - the beginning of my faith relationship with Jesus Christ. I had to take some time to immerse myself in just how much the decision to accept Jesus into my heart all those years ago meant and means. How truly miraculous our God really is to give love so unconditionally and perfectly and to keep at it with anyone who asks for his grace.

I have always understood that being one of Christ’s own means being forgiven, wounds healed, wrongs righted and supposedly forgotten. But then I came upon a song from MercyMe recorded in 2014 that uses the word “flawless” to describe this transformation – this state of being and living in Christ. Flawless. Not just patched up. Not just made whole. But standing flawlessly in perfection. Not by my power, but by his choices and his gift and glory. Shifting to this word and that understanding was immensely powerful, energizing and gripping. I can’t find the words to fully describe it, but I have been transformed anew. And I am grateful. It was just the help I needed to have the courage to keep moving each day, one after the other. And to go beyond that and help others in even a small way.

Standing in front of the cross, a symbol of Jesus’ flawless power and unflinching love, is a shield for living in this world combatting the news we all face, the troubles each of us walks with and the unsaid prayers we all hope for in quiet. So, what has Jesus done for us lately - - - everything! Absolutely everything if we only take the time to reconnect with our own faith story and the way he has loved us and will always love us no matter the circumstances of our temporal world which we experience living in our temporal bodies.

Some of the words of the song are below. May God continue to bless us and may we cling to our hope in Christ Jesus and be truly grateful for his sacrifice and amazing grace.

Music Video: <https://youtu.be/wjLILPZderk>

Some Words from “Flawless” by MercyMe

Well let me introduce you to amazing grace
No matter the bumps
No matter the bruises
No matter the scars
Still the truth is
The cross has made
The cross has made you flawless
No matter the hurt
Or how deep the wound is
No matter the pain
Still the truth is

The cross has made
The cross has made you flawless
Could it possibly be
That we simply can't believe
That this unconditional
Kind of love would be enough
To take a filthy wretch like this
And wrap him up in righteousness
But that's exactly what He did

*Songwriters: Ben Glover, Robby Shaffer, Nathan Cochran, Mike Scheuchzer, Barry Graul, Solomon Olds, Bart Marshall Millard, David Garcia Arthur
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Diocesan Cycle of Prayer: We pray for St. Peter's, Bridgton. We pray especially for all immigrants and refugees and the ministries that serve them.

We Pray Especially For: Beryl Kirkpatrick, Caiden Chattin, Cody Chattin, Gage Chattin, Briana Chattin, Fembe, Rachel Mansfield, and Dianne Kelley for strength, comfort, and healing.

If you would like to add someone to the prayer list or continue a name on the list, please let us know at stdunstansellsworth@gmail.com or leave a message at the church (667-5495). Prayer requests will remain for three weeks.

It is important to us that the list be up-to-date and accurate.
To everyone, please stay well and safe. Blessings to you all.

Almighty and merciful God, we ask in our prayers that the conflict in Ukraine and the others around the world can be resolved peacefully. Bless the people that have been affected by the unrest and grant them peace and justice. We also ask for the people in our own country that have been impacted by the hurricanes, violence and lose of loved ones as they grieve, pick up their lives. Grant them strength, comfort, and healing. All this we ask with the power of your love to all through Jesus Christ our Lord.

~ UPCOMING WORSHIP / EVENTS SCHEDULE ~

At this time the Sunday services will be both in church following safe practices and via Zoom. Compline is every Thursday at 7:00p.m via Zoom

The sanctuary is open for quiet reflection and prayer on Mondays 2-4.

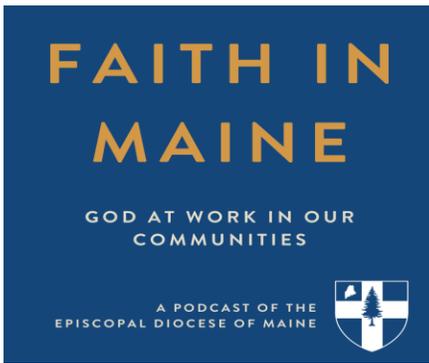
October 23 ~ Bishop Brown visit & Holy Eucharist: 9:30

October 30 ~ Morning Prayer: 9:30 with Dianne Kelley

November 6 ~ Holy Eucharist: 9:30

November 13 ~ Holy Eucharist: 9:30

The flowers on the altar today are given to the Greater Glory of God by the Cooper Family, in thanksgiving for the visit with our Bishop Thomas Brown.



Faith in Maine:

This is a podcast produced by our Episcopal Diocese with various members of the clergy giving their thoughts and prayers. The podcast changes each week. Feel free to call and listen.

You can call 207-223-6402 at any time. They usually last approximately 4-5 minutes.

Ukrainian Relief Update from ERD

Episcopal Relief and Development (ERD) has sent a letter to us thanking us for our gift of \$820.50 for our flag distribution earlier this year. We donated approximately half of our donations to this group. Let us keep praying for peace in this area of the world and for continued help to those who are displaced because of this conflict.



In their recent newsletter, ERD has offered their own update:

"The war in Ukraine is now more than six months old, and in that time, many thousands have died or been injured, and millions have been displaced. The generous support of ERD's humanitarian effort is ongoing. We are working with several partners in the region, including the Convocation of Episcopal Churches in Europe and several implementing members of the ACT Alliance, an ecumenical collaboration of more than 130 churches and church-affiliated organizations. Together, with these partners, we are providing food, shelter, showers and transit support for those still inside Ukraine who are fleeing the conflict - and also to those who are unable to leave..."

The newsletter goes on to note that, among other things, they and the convocation are also involved in refugee resettlement and long-term psychological and social care. For more information or to donate: www.episcopalrelief.org

A Time of Thanksgiving - UTO Kick Off Around the Corner

Our annual United Thank Offering (UTO) event will kick off October 30 at church with our concluding ingathering planned for November 27.

That gives us the entire month of November to recognize our blessings by thinking daily of them and offering a coin in our UTO box as we think about the reality of God's presence in our lives.

There are new boxes, flyers and prayer booklets for the campaign this year from our UTO board. So please plan to participate and get your materials October 30 or shortly thereafter.

Questions? Please contact Deacon Tracy at 973-287-9926 or ttlshaffer@aol.com.

History of Our Beloved Hymns

From time-to-time Herbert Beckwith will write about the history of a hymn that we have sung in our services. Keep your eyes open for this wonderful addition.

MY FAITH LOOKS UP TO YOU 691

Tune: In Babilone

This hymn text has been in our hymnal since 1865, and has used this tune since 1916. It is often associated with the Feast of the Ascension. The original form of this text is generally attributed to John Bakewell though it was published anonymously in 1757. An expanded version of the text, probably by Martin Madan was published in 1760. As extensive revision by Augustus Toplady also circulated during the 18th century. The tune, “In Babilone” is a traditional Dutch melody, used in 1982 for this text . It appeared in the English Hymnal and entered our hymnal in 1916. This Dutch melody was matched with the text “See the conqueror mounts in triumph” in the English Hymnal, and from there entered our 1916 hymnal, with harmony by Winfred Douglas. The tune is used in 1982 with different harmonization for both that hymn and this one.

SEEK YE FIRST THE KINGDOM OF GOD, 711

Tune: Seek ye first

Karen Lafferty wrote this hymn, new to our hymnal, at a time of personal problems in her life. It was published in 1973. It is here set to “Seek ye first” a simple two-part song suitable for even small congregations to sing.

The tune, new to us in the 1982 hymnal as well as the text was written by Karen Lafferty and published in 1973. It was composed with guitar in hand and is best heard with folk accompaniment, as guitar and solo instruments.

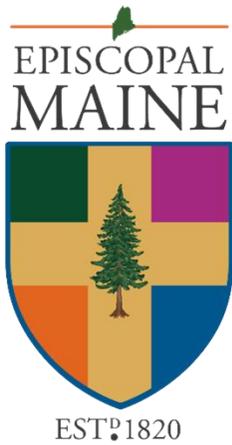


Church Flowers

Now that St. Dunstan’s Church is having weekly in-person services, we have begun to decorate with flowers on the altar again. There is a flower sign-up sheet on the offertory table at the rear of the sanctuary, along with flower envelopes and the silver collection plate.

Please be sure to write your name and your dedication for an available date on the sign-up sheet. For those who would like the church to order flowers, please fill out the flower envelope and place it with cash or check in the collection plate.

Flowers are ordered from the Bud Connection for \$30 each, but we must return the vases. We welcome home grown flower arrangements, too, but you must sign up for the date.



Diocesan Convention News: Every Tuesday throughout the month of October the clergy and lay delegates are meeting to prepare for the Convention on Saturday, October 22, 2022. In these weeks we learn and focus on the structure of the convention, resolutions (policies) to be presented, set the calendar and budget for the coming year, and pray that we will be good stewards for God and you. Our clergy delegates are Carolyn and Tracy, and the lay delegates are Carol and Dianne with Tom the alternate delegate. The Town halls are recorded and can be viewed by going to the Episcopal Diocese of Maine website.

Please pray for your delegates that we will serve God and our family

Almighty and everlasting Father, you have given the Holy Spirit to abide with us for ever: Bless, we pray, with his grace and presence, the bishops and other clergy and the laity assembled in your Name, that your Church, being preserved in true faith and godly discipline, may fulfill all the mind of him who loved it and gave himself for it, your Son Jesus Christ our Savior; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen. (*Book of Common Prayer*)

The yearly **Holiday Fair** will take place Saturday, November 12 from 9 am to 1 pm. We will have many of the usual goodies: Liz Tracy's beautiful sewn crafts, lightly used antiques and jewelry, pies (pre-ordered fresh and frozen), jams and jellies, and new this year... a children's table with puzzles, games, and books! We will also have a take-out soup and sandwich lunch available!

If you would like to pre-order pies, please sign up on the sheet in the Narthex or email StDunstansMarketplace@gmail.com. They are still only \$20 each and we will have apple, blueberry, and pumpkin available to order fresh and frozen and pecan pie fresh only. Deadline to order is Friday, November 4.

If you are a baker or a preserver, we would love any jams, jellies, pickles, relishes, or ANY baked goodies you would like to provide! Once again, email StDunstansMarketplace@gmail.com to let us know what you will donate and how many.

This is always a great day, and it certainly takes a village to make it all happen. We love that you are part of our village!

Carol Mason, ECW Chair of the committee



Lend a Hand to Everybody Eats!

Help is needed on Sunday mornings to help pick up Hannaford donations as part of a team October - December. Pick up is at 8:15 AM and there is plenty of time to get the donations back to the church in time for service. Two or three people work together these days to do the pick up. If you are interested and can lift 10 -20 lbs., please let Tracy know.

Help get the Word Out for Everybody Eats!

Please circulate this poster (*found on the last page of Tid Bits*) or share with friends and neighbors. Our **Friday Lunch Bag** distributions have been extended to October 28! This program has done very well over the summer distributing between 50 - 75 lunches each week to neighbors and friends and we hope to offer it again next summer and early fall.

Happy Birthday to Jim Newett and Terry Sheehan! Enjoy!



CALLING TO ALL READERS AND SERVERS:

The schedules for the last quarter of the year 2022 have been sent out. Thank you to all of you who are willing to share your God given gifts with the rest of our St. Dunstan's family. If there are others in our community that would like to be added to the schedule, please let **Dianne Kelley** (dslk46@roadrunner.com) know. There is always a place for additional servers and readers this time and in the future. Please note that the Christmas services as not been filled. Please let me know if any of you are willing to participate for these beautiful services.



Priest - Rev. Dr. Carolyn Rosen
Deacon - Rev. Tracy Shaffer
Senior Warden - Dianne Kelley
Deputy Senior Warden - Liz Graves
Junior Warden - Kim Peterson

www.saintdunstansellsworth.org

You can contact us by leaving a message by telephone or email:

Phone: 667-5495 Email: stdunstansellsworth@gmail.com

Fred Beyer and Muffet Stewart: stdunstanstreasurer@gmail.com

Rain is in the church office Tuesday, Thursday & Friday, 8 – 9 am



Holiday Fair-

Saturday, November 12



9am to 1pm

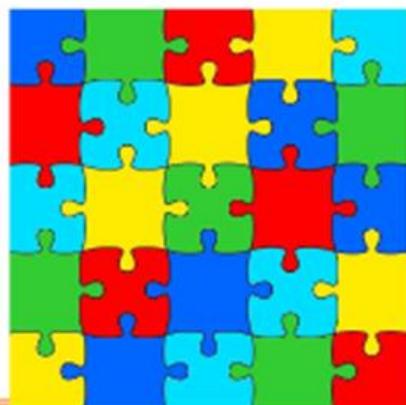
St. Dunstan's Church

134 State St., Ellsworth



*Jewelry, Baked Goods, pies,
jams and jellies, Children's table (games,
puzzles, books), Liz Tracy fine sewn
crafts, quality antiques.*

Take out soup/sandwich lunch!





Join Everybody Eats!

Fridays May 20 – Oct. 28

For Brown Bag Lunch Pick Ups

Noon – 1:30 PM

St. Dunstan's Church Parking Lot

134 State Street, Ellsworth ME.

Lunch Will Include:

- Sandwich
- Fruit or Fruit Cups
- Chips or Cookies
- Granola Bar

Questions: Contact Tracy Shaffer at 973-287-9926