

ST. DUNSTAN'S EPISCOPAL CHURCH, ELLSWORTH

TID BITS FROM THE TABLE ~ SEPTEMBER 23, 2022

Dear ones,

As it's my week 'off' I'll content myself with letting you know how very much you're loved, and what a very special community you are. I wish you a beautiful weekend and a blessed service of Morning Prayer this Sunday!

Thank you for all your prayers this week for a return to health for me and Arthur. I'm happy to report we are on the mend. He—and Ava, his best friend—are hoping to see you all next week.

With gratitude, and love,
Carolyn+

OFFERTORY!

"Ascribe to the Lord the honor due His name; bring offerings and come into his courts." Psalm 96:8

Now that we are in church, your pledges or offerings need not be sent in. You have been so wonderful in sending them in and can continue to do so if it best for you. At this time we do not feel that passing the offertory plate would be wise. We have placed an offertory plate on the back table for your convenience to place your offering, requests for prayers and flower envelopes. Thank you for your support.

"Let us with gladness present the offerings and oblations of our life and labor to the Lord."

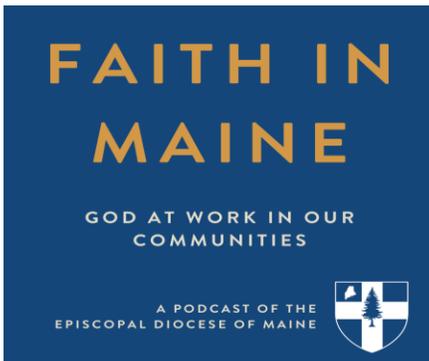
CALLING TO ALL READERS AND SERVERS:

The schedules for the last quarter of the year 2022 have been sent out. Thank you to all of you who are willing to share your God given gifts with the rest of our St. Dunstan's family. If there are others in our community that would like to be added to the schedule, please let **Dianne Kelley** (dslk46@roadrunner.com) know. There is always a place for additional servers and readers this time and in the future.

Please note that the Christmas services as not been filled. Please let me know if any of you are willing to participate for these beautiful services.

Affirmation Prayer

God Calls me out of darkness to live in light,
God calls me out of falsehood to live in truth,
God calls me out of despair to live in hope,
God calls me out of fear to live in trust,
God calls me out of hate to live in love,
God calls out of war to live in peace,
I am called by God to fill my heart, my world,
my universe, with peace, peace, peace. Amen.



Faith in Maine:

This is a podcast produced by our Episcopal Diocese with various members of the clergy giving their thoughts and prayers. The podcast changes each week. Feel free to call and listen.

You can call 207-223-6402 at any time. They usually last approximately 4-5 minutes.

Prayer for the Beginning of Autumn

O God of Creation, you have blessed us with the changing of the seasons.

As we welcome the autumn months,
may the earlier setting of the sun
remind us to take time to rest.

May the brilliant colors of the leaves
remind us of the wonder of your creation.

May the steam of our breath in the cool air
remind us that it is you who give us the breath of life.

May the harvest from the fields remind us of the abundance we have been given and
bounty we are to share with others.

May the dying of summer's spirit remind us of your great promise that death is
temporary and life is eternal.

We praise you for your goodness forever and ever. Amen.

Diocesan Cycle of Prayer: We pray for St. Andrew's, Winthrop, and St. Patrick's, Brewer. We pray especially for those engaged in innovative ministries like Arise Portland and World Too Beautiful.

We Pray Especially For: Beryl Kirkpatrick, Caiden Chattin, Gage Chattin, Briana Chattin, Noah Gurwitz, Fembe, Greg Jacobs, Elizabeth Awalt, and Dorothy Sweeney for strength, comfort, and healing.

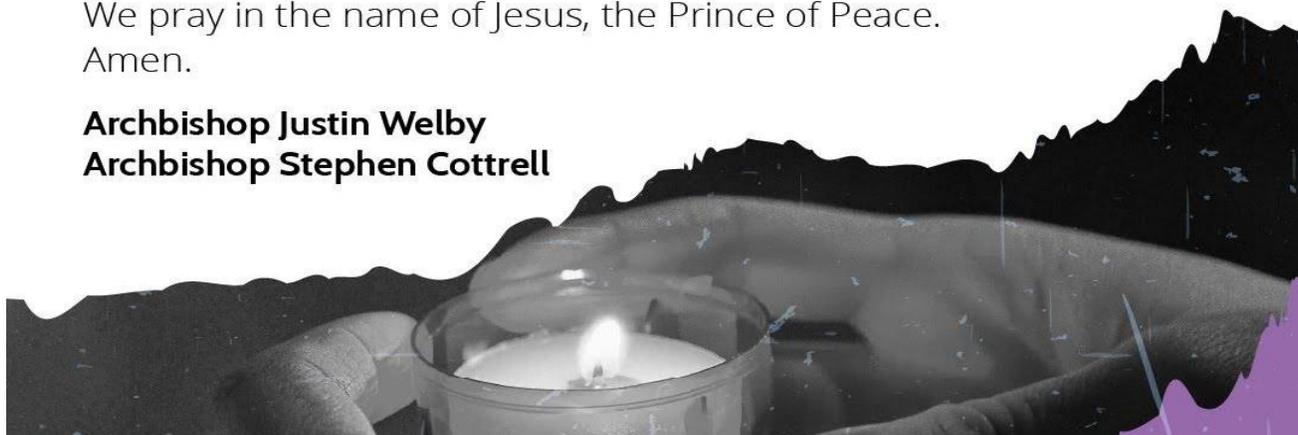
If you would like to add someone to the prayer list or continue a name on the list, please let us know at stdunstansellsworth@gmail.com or leave a message at the church (667-5495). Prayer requests will remain for three weeks.

It is important to us that the list be up-to-date and accurate. To everyone, please stay well and safe. Blessings to you all.

A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Archbishop Justin Welby
Archbishop Stephen Cottrell





Happy Anniversary to Jo & Don Cooper and Dan & Mary DeLong!

~ UPCOMING WORSHIP / EVENTS SCHEDULE ~

At this time the Sunday services will be both in church following safe practices and via Zoom. Compline is every Thursday at 7:00p.m via Zoom

The sanctuary is open for quiet reflection and prayer on Mondays 2-4.

September 25 ~ Morning Prayer: 9:30 w/ Diana Gazis

October 2 ~ Holy Eucharist: 9:30

October 9 ~ Morning Prayer: 9:30 with homily by Jaci and Tom Hancock

October 16 ~ Holy Eucharist: 9:30

October 16 ~ Vestry

October 23 ~ Bishop Brown visit & Holy Eucharist: 9:30

Happy Birthday to Joe Stockbridge and Cheryl Whitney! Enjoy!



The flowers on the altar are given this Sunday to the Greater Glory of God by Jo and Don Cooper, in celebration of their 45th wedding Anniversary and gratitude for their family.

History of Our Beloved Hymns

From time-to-time Herbert Beckwith will write about the history of a hymn that we have sung in our services. Keep your eyes open for this wonderful addition.

BE THOU MY VISION O LORD OF MY HEART 488

This text, popular with other denominations comes to us for the first time in the 1982 hymnal. It is Irish, from around 700 to 1000. It is an example of a Lorica, a prayer said while donning armor for a battle. It was translated into English prose by Mary Byrne and published in 1905. Subsequently Mary E. Byrne put it into verse, published in 1912.

The tune “Slane” is a simple Irish folk melody which suits the text. Slane is the name of a hill near Tara in Ireland. In Irish tradition it is the place where St. Patrick challenged the authority of the pagan High-king by lighting the Paschal fire on Easter Eve in violation of the king’s order.

THERE IS A BALM IN GILEAD 676

Tune: There is a balm in Gilead.

This is a spiritual which has recently appeared in Protestant and Roman catholic hymnals. It has long had a place in the repertoire of choral groups in this country. The tune is the one always associated with the text, with an arrangement for the 1982 hymnal by David Hurd. As we sing it, we may well ask “What is a balm in Gilead?” Gilead, an area just east of the Jordan was famous for its medicinal balms. Jeremiah asks in chapter 8 of his book “Is there no balm in Gilead?” That question is answered in this well-known spiritual which tells us that yes there is indeed a balm in Gilead. It is Jesus, who alone can heal the soul sick with sin.



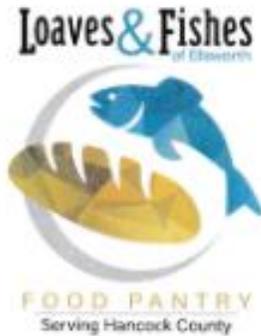
Church Flowers

Now that St. Dunstan’s Church is having weekly in-person services, we have begun to decorate with flowers on the altar again. There is a flower sign-up sheet on the offertory table at the rear of the sanctuary, along with flower envelopes and the silver collection plate.

Please be sure to write your name and your dedication for an available date on the sign-up sheet. For those who would like the church to order flowers, please fill out the flower envelope and place it with cash or check in the collection plate.

Flowers are ordered from the Bud Connection for \$30 each, but we must return the vases. We welcome home grown flower arrangements, too, but you must sign up for the date.

A Loaves & Fishes Food and Funds Drive In partnership with The Grand



Friday, September 23 | 10 am – 6 pm
165 Main Street, Ellsworth

WHAT YOU CAN DO

TODAY

- Sponsor a bag / fill a theater seat with a financial donation.
- Create your own food drive with your business, friends or neighbors.
- Donate food and drop at Loaves & Fishes, noting *Fill The Grand*.

SEPTEMBER 23RD

- Stop by The Grand to make a food donation or sponsor a bag.

Most Needed Items

- | | |
|--|--|
| ✓ Soups: Chicken noodle / tomato (condensed) | ✓ Jelly |
| ✓ Chicken (canned) | ✓ Paper towels (single packs) |
| ✓ Tuna (canned or packets) | ✓ Dog / cat food (wet or 5 lb dry) |
| ✓ Stuffing mix | ✓ Baby shampoo & ointment |
| | ✓ Adult diapers (male & female - larger sizes) |

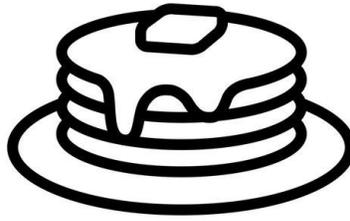
Learn more at www.loavesandfishesellsworth.org

Thanks to our event partners!



For more information about the event and how you can participate please contact event coordinator, Leila Murphy: murphy.leila@gmail.com, cell 207-701-1666

PANCAKES PANCAKES PANCAKES



**Rotary Club of Ellsworth
Saturday 24 Sept.**

**Ellsworth Elementary and Middle School
7:00 to 10:00**

Adults \$9.00 Children (12 and under)\$5.00

Ukrainian Relief Update from ERD

Episcopal Relief and Development (ERD) has sent a letter to us thanking us for our gift of \$820.50 for our flag distribution earlier this year. We donated approximately half of our donations to this group. Let us keep praying for peace in this area of the world and for continued help to those who are displaced because of this conflict.



In their recent newsletter, ERD has offered their own update:

"The war in Ukraine is now more than six months old, and in that time, many thousands have died or been injured, and millions have been displaced. The generous support of ERD's humanitarian effort is ongoing. We are working with several partners in the region, including the Convocation of Episcopal Churches in Europe and several implementing members of the ACT Alliance, an ecumenical collaboration of more than 130 churches and church-affiliated organizations. Together, with these partners, we are providing food, shelter, showers and transit support for those still inside Ukraine who are fleeing the conflict - and also to those who are unable to leave..."

The newsletter goes on to note that, among other things, they and the convocation are also involved in refugee resettlement and long-term psychological and social care. For more information or to donate: www.episcopalrelief.org



Lend a Hand to Everybody Eats!

Help is needed on Sunday mornings to help pick up Hannaford donations as part of a team October - December. Pick up is at 8:15 AM and there is plenty of time to get the donations back to the church in time for service. Two or three people work together these days to do the pick up. If you are interested and can lift 10 -20 lbs., please let Tracy know.

Help get the Word Out for Everybody Eats!

Please circulate this poster (*found on the last page of Tid Bits*) or share with friends and neighbors. Our Friday Lunch Bag distributions have been extended to October 28!

This program has done very well over the summer distributing between 50 - 75 lunches each week to neighbors and friends and we hope to offer it again next summer and early fall.

We will be forming a **Safety Team**, who will collaborate **to produce an Emergency Evacuation Plan** for our parish. Our first meeting will be in a few weeks (day and time TBD), at the church, with local law enforcement who will do a walk-through with us and identify opportunities for additional protection for our parish.

If you have interest/experience/training and feel called to join the Safety Team, please contact Carolyn (carolynkrosen@gmail.com).



Priest - Rev. Dr. Carolyn Rosen
Deacon - Rev. Tracy Shaffer
Senior Warden - Dianne Kelley
Deputy Senior Warden - Liz Graves
Junior Warden - Kim Peterson

www.saintdunstansellsworth.org

You can contact us by leaving a message by telephone or email:

Phone: [667-5495](tel:667-5495) Email: stdunstansellsworth@gmail.com

Fred Beyer and Muffet Stewart: stdunstanstreasurer@gmail.com

Rain is in the church office Tuesday, Thursday & Friday, 8 – 9 am



Join Everybody Eats!

Fridays May 20 – Oct. 28

For Brown Bag Lunch Pick Ups

Noon – 1:30 PM

St. Dunstan's Church Parking Lot

134 State Street, Ellsworth ME.

Lunch Will Include:

- Sandwich
- Fruit or Fruit Cups
- Chips or Cookies
- Granola Bar

Questions: Contact Tracy Shaffer at 973-287-9926